

## Atomic Multipoles (spinless LM basis)

bra: =  $|s, 0\rangle$

ket: =  $|s, 0\rangle$

Table 1: (s,s) block.

No.	multipole	matrix
1	$Q_{0,0}^{(a)}$	$\begin{bmatrix} 1 \end{bmatrix}$

bra: =  $|s, 0\rangle$

ket: =  $|p, 1\rangle, |p, 0\rangle, |p, -1\rangle$

Table 2: (s,p) block.

No.	multipole	matrix
2	$Q_{1,1}^{(a)}$	$\begin{bmatrix} 0 & 0 & -\frac{\sqrt{3}}{3} \end{bmatrix}$
3	$Q_{1,0}^{(a)}$	$\begin{bmatrix} 0 & \frac{\sqrt{3}}{3} & 0 \end{bmatrix}$
4	$Q_{1,-1}^{(a)}$	$\begin{bmatrix} -\frac{\sqrt{3}}{3} & 0 & 0 \end{bmatrix}$
5	$T_{1,1}^{(a)}$	$\begin{bmatrix} 0 & 0 & -\frac{\sqrt{3}i}{9} \end{bmatrix}$
6	$T_{1,0}^{(a)}$	$\begin{bmatrix} 0 & \frac{\sqrt{3}i}{9} & 0 \end{bmatrix}$
7	$T_{1,-1}^{(a)}$	$\begin{bmatrix} -\frac{\sqrt{3}i}{9} & 0 & 0 \end{bmatrix}$

bra: =  $|s, 0\rangle$

ket: =  $|d, 2\rangle, |d, 1\rangle, |d, 0\rangle, |d, -1\rangle, |d, -2\rangle$

Table 3: (s,d) block.

No.	multipole	matrix
8	$Q_{2,2}^{(a)}$	$\begin{bmatrix} 0 & 0 & 0 & 0 & \frac{\sqrt{5}}{5} \end{bmatrix}$
9	$Q_{2,1}^{(a)}$	$\begin{bmatrix} 0 & 0 & 0 & -\frac{\sqrt{5}}{5} & 0 \end{bmatrix}$
10	$Q_{2,0}^{(a)}$	$\begin{bmatrix} 0 & 0 & \frac{\sqrt{5}}{5} & 0 & 0 \end{bmatrix}$
11	$Q_{2,-1}^{(a)}$	$\begin{bmatrix} 0 & -\frac{\sqrt{5}}{5} & 0 & 0 & 0 \end{bmatrix}$
12	$Q_{2,-2}^{(a)}$	$\begin{bmatrix} \frac{\sqrt{5}}{5} & 0 & 0 & 0 & 0 \end{bmatrix}$
13	$T_{2,2}^{(a)}$	$\begin{bmatrix} 0 & 0 & 0 & 0 & \frac{\sqrt{5}i}{10} \end{bmatrix}$
14	$T_{2,1}^{(a)}$	$\begin{bmatrix} 0 & 0 & 0 & -\frac{\sqrt{5}i}{10} & 0 \end{bmatrix}$
15	$T_{2,0}^{(a)}$	$\begin{bmatrix} 0 & 0 & \frac{\sqrt{5}i}{10} & 0 & 0 \end{bmatrix}$
16	$T_{2,-1}^{(a)}$	$\begin{bmatrix} 0 & -\frac{\sqrt{5}i}{10} & 0 & 0 & 0 \end{bmatrix}$
17	$T_{2,-2}^{(a)}$	$\begin{bmatrix} \frac{\sqrt{5}i}{10} & 0 & 0 & 0 & 0 \end{bmatrix}$

bra: =  $|s, 0\rangle$

ket: =  $|f, 3\rangle, |f, 2\rangle, |f, 1\rangle, |f, 0\rangle, |f, -1\rangle, |f, -2\rangle, |f, -3\rangle$

Table 4: (s,f) block.

No.	multipole	matrix
18	$Q_{3,3}^{(a)}$	$\begin{bmatrix} 0 & 0 & 0 & 0 & 0 & 0 & -\frac{\sqrt{7}}{7} \end{bmatrix}$
19	$Q_{3,2}^{(a)}$	$\begin{bmatrix} 0 & 0 & 0 & 0 & 0 & \frac{\sqrt{7}}{7} & 0 \end{bmatrix}$
20	$Q_{3,1}^{(a)}$	$\begin{bmatrix} 0 & 0 & 0 & 0 & -\frac{\sqrt{7}}{7} & 0 & 0 \end{bmatrix}$
21	$Q_{3,0}^{(a)}$	$\begin{bmatrix} 0 & 0 & 0 & \frac{\sqrt{7}}{7} & 0 & 0 & 0 \end{bmatrix}$
22	$Q_{3,-1}^{(a)}$	$\begin{bmatrix} 0 & 0 & -\frac{\sqrt{7}}{7} & 0 & 0 & 0 & 0 \end{bmatrix}$

*continued ...*



Table 5

No.	multipole	matrix
34	$Q_{2,1}^{(a)}$	$\begin{pmatrix} 0 & \frac{\sqrt{3}}{5} & 0 \\ 0 & 0 & -\frac{\sqrt{3}}{5} \\ 0 & 0 & 0 \end{pmatrix}$
35	$Q_{2,0}^{(a)}$	$\begin{pmatrix} -\frac{1}{5} & 0 & 0 \\ 0 & \frac{2}{5} & 0 \\ 0 & 0 & -\frac{1}{5} \end{pmatrix}$
36	$Q_{2,-1}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 \\ -\frac{\sqrt{3}}{5} & 0 & 0 \\ 0 & \frac{\sqrt{3}}{5} & 0 \end{pmatrix}$
37	$Q_{2,-2}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \\ -\frac{\sqrt{6}}{5} & 0 & 0 \end{pmatrix}$
38	$M_{1,1}^{(a)}$	$\begin{pmatrix} 0 & -1 & 0 \\ 0 & 0 & -1 \\ 0 & 0 & 0 \end{pmatrix}$
39	$M_{1,0}^{(a)}$	$\begin{pmatrix} 1 & 0 & 0 \\ 0 & 0 & 0 \\ 0 & 0 & -1 \end{pmatrix}$
40	$M_{1,-1}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 \\ 1 & 0 & 0 \\ 0 & 1 & 0 \end{pmatrix}$

bra: =  $|p, 1\rangle, |p, 0\rangle, |p, -1\rangle$

ket: =  $|d, 2\rangle, |d, 1\rangle, |d, 0\rangle, |d, -1\rangle, |d, -2\rangle$

Table 6: (p,d) block.

No.	multipole	matrix
41	$Q_{1,1}^{(a)}$	$\begin{array}{ccccc} 0 & 0 & -\frac{\sqrt{15}}{15} & 0 & 0 \\ 0 & 0 & 0 & -\frac{\sqrt{5}}{5} & 0 \\ 0 & 0 & 0 & 0 & -\frac{\sqrt{10}}{5} \end{array}$
42	$Q_{1,0}^{(a)}$	$\begin{array}{ccccc} 0 & \frac{\sqrt{5}}{5} & 0 & 0 & 0 \\ 0 & 0 & \frac{2\sqrt{15}}{15} & 0 & 0 \\ 0 & 0 & 0 & \frac{\sqrt{5}}{5} & 0 \end{array}$
43	$Q_{1,-1}^{(a)}$	$\begin{array}{ccccc} -\frac{\sqrt{10}}{5} & 0 & 0 & 0 & 0 \\ 0 & -\frac{\sqrt{5}}{5} & 0 & 0 & 0 \\ 0 & 0 & -\frac{\sqrt{15}}{15} & 0 & 0 \end{array}$
44	$Q_{3,3}^{(a)}$	$\begin{array}{ccccc} 0 & 0 & 0 & 0 & \frac{3}{7} \\ 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \end{array}$
45	$Q_{3,2}^{(a)}$	$\begin{array}{ccccc} 0 & 0 & 0 & -\frac{\sqrt{6}}{7} & 0 \\ 0 & 0 & 0 & 0 & \frac{\sqrt{3}}{7} \\ 0 & 0 & 0 & 0 & 0 \end{array}$
46	$Q_{3,1}^{(a)}$	$\begin{array}{ccccc} 0 & 0 & \frac{3\sqrt{10}}{35} & 0 & 0 \\ 0 & 0 & 0 & -\frac{2\sqrt{30}}{35} & 0 \\ 0 & 0 & 0 & 0 & \frac{\sqrt{15}}{35} \end{array}$
47	$Q_{3,0}^{(a)}$	$\begin{array}{ccccc} 0 & -\frac{3\sqrt{5}}{35} & 0 & 0 & 0 \\ 0 & 0 & \frac{3\sqrt{15}}{35} & 0 & 0 \\ 0 & 0 & 0 & -\frac{3\sqrt{5}}{35} & 0 \end{array}$
48	$Q_{3,-1}^{(a)}$	$\begin{array}{ccccc} \frac{\sqrt{15}}{35} & 0 & 0 & 0 & 0 \\ 0 & -\frac{2\sqrt{30}}{35} & 0 & 0 & 0 \\ 0 & 0 & \frac{3\sqrt{10}}{35} & 0 & 0 \end{array}$

*continued ...*

Table 6

No.	multipole	matrix
49	$\mathbb{Q}_{3,-2}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 \\ \frac{\sqrt{3}}{7} & 0 & 0 & 0 & 0 \\ 0 & -\frac{\sqrt{6}}{7} & 0 & 0 & 0 \end{pmatrix}$
50	$\mathbb{Q}_{3,-3}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \\ \frac{3}{7} & 0 & 0 & 0 & 0 \end{pmatrix}$
51	$\mathbb{G}_{2,2}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & \frac{2\sqrt{30}i}{45} & 0 \\ 0 & 0 & 0 & 0 & \frac{4\sqrt{15}i}{45} \\ 0 & 0 & 0 & 0 & 0 \end{pmatrix}$
52	$\mathbb{G}_{2,1}^{(a)}$	$\begin{pmatrix} 0 & 0 & -\frac{2\sqrt{5}i}{15} & 0 & 0 \\ 0 & 0 & 0 & -\frac{2\sqrt{15}i}{45} & 0 \\ 0 & 0 & 0 & 0 & \frac{2\sqrt{30}i}{45} \end{pmatrix}$
53	$\mathbb{G}_{2,0}^{(a)}$	$\begin{pmatrix} 0 & \frac{2\sqrt{5}i}{15} & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & -\frac{2\sqrt{5}i}{15} & 0 \end{pmatrix}$
54	$\mathbb{G}_{2,-1}^{(a)}$	$\begin{pmatrix} -\frac{2\sqrt{30}i}{45} & 0 & 0 & 0 & 0 \\ 0 & \frac{2\sqrt{15}i}{45} & 0 & 0 & 0 \\ 0 & 0 & \frac{2\sqrt{5}i}{15} & 0 & 0 \end{pmatrix}$
55	$\mathbb{G}_{2,-2}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 \\ -\frac{4\sqrt{15}i}{45} & 0 & 0 & 0 & 0 \\ 0 & -\frac{2\sqrt{30}i}{45} & 0 & 0 & 0 \end{pmatrix}$
56	$\mathbb{T}_{1,1}^{(a)}$	$\begin{pmatrix} 0 & 0 & -\frac{2\sqrt{15}i}{45} & 0 & 0 \\ 0 & 0 & 0 & -\frac{2\sqrt{5}i}{15} & 0 \\ 0 & 0 & 0 & 0 & -\frac{2\sqrt{10}i}{15} \end{pmatrix}$

continued ...

Table 6

No.	multipole	matrix
57	$\mathbb{T}_{1,0}^{(a)}$	$\begin{vmatrix} 0 & \frac{2\sqrt{5}i}{15} & 0 & 0 & 0 \\ 0 & 0 & \frac{4\sqrt{15}i}{45} & 0 & 0 \\ 0 & 0 & 0 & \frac{2\sqrt{5}i}{15} & 0 \end{vmatrix}$
58	$\mathbb{T}_{1,-1}^{(a)}$	$\begin{vmatrix} -\frac{2\sqrt{10}i}{15} & 0 & 0 & 0 & 0 \\ 0 & -\frac{2\sqrt{5}i}{15} & 0 & 0 & 0 \\ 0 & 0 & -\frac{2\sqrt{15}i}{45} & 0 & 0 \end{vmatrix}$
59	$\mathbb{T}_{3,3}^{(a)}$	$\begin{vmatrix} 0 & 0 & 0 & 0 & \frac{3i}{35} \\ 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \end{vmatrix}$
60	$\mathbb{T}_{3,2}^{(a)}$	$\begin{vmatrix} 0 & 0 & 0 & -\frac{\sqrt{6}i}{35} & 0 \\ 0 & 0 & 0 & 0 & \frac{\sqrt{3}i}{35} \\ 0 & 0 & 0 & 0 & 0 \end{vmatrix}$
61	$\mathbb{T}_{3,1}^{(a)}$	$\begin{vmatrix} 0 & 0 & \frac{3\sqrt{10}i}{175} & 0 & 0 \\ 0 & 0 & 0 & -\frac{2\sqrt{30}i}{175} & 0 \\ 0 & 0 & 0 & 0 & \frac{\sqrt{15}i}{175} \end{vmatrix}$
62	$\mathbb{T}_{3,0}^{(a)}$	$\begin{vmatrix} 0 & -\frac{3\sqrt{5}i}{175} & 0 & 0 & 0 \\ 0 & 0 & \frac{3\sqrt{15}i}{175} & 0 & 0 \\ 0 & 0 & 0 & -\frac{3\sqrt{5}i}{175} & 0 \end{vmatrix}$
63	$\mathbb{T}_{3,-1}^{(a)}$	$\begin{vmatrix} \frac{\sqrt{15}i}{175} & 0 & 0 & 0 & 0 \\ 0 & -\frac{2\sqrt{30}i}{175} & 0 & 0 & 0 \\ 0 & 0 & \frac{3\sqrt{10}i}{175} & 0 & 0 \end{vmatrix}$
64	$\mathbb{T}_{3,-2}^{(a)}$	$\begin{vmatrix} 0 & 0 & 0 & 0 & 0 \\ \frac{\sqrt{3}i}{35} & 0 & 0 & 0 & 0 \\ 0 & -\frac{\sqrt{6}i}{35} & 0 & 0 & 0 \end{vmatrix}$

continued ...

Table 6

No.	multipole	matrix
65	$T_{3,-3}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \\ \frac{3i}{35} & 0 & 0 & 0 & 0 \end{pmatrix}$
66	$M_{2,2}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & \frac{2\sqrt{30}}{15} & 0 \\ 0 & 0 & 0 & 0 & \frac{4\sqrt{15}}{15} \\ 0 & 0 & 0 & 0 & 0 \end{pmatrix}$
67	$M_{2,1}^{(a)}$	$\begin{pmatrix} 0 & 0 & -\frac{2\sqrt{5}}{5} & 0 & 0 \\ 0 & 0 & 0 & -\frac{2\sqrt{15}}{15} & 0 \\ 0 & 0 & 0 & 0 & \frac{2\sqrt{30}}{15} \end{pmatrix}$
68	$M_{2,0}^{(a)}$	$\begin{pmatrix} 0 & \frac{2\sqrt{5}}{5} & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & -\frac{2\sqrt{5}}{5} & 0 \end{pmatrix}$
69	$M_{2,-1}^{(a)}$	$\begin{pmatrix} -\frac{2\sqrt{30}}{15} & 0 & 0 & 0 & 0 \\ 0 & \frac{2\sqrt{15}}{15} & 0 & 0 & 0 \\ 0 & 0 & \frac{2\sqrt{5}}{5} & 0 & 0 \end{pmatrix}$
70	$M_{2,-2}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 \\ -\frac{4\sqrt{15}}{15} & 0 & 0 & 0 & 0 \\ 0 & -\frac{2\sqrt{30}}{15} & 0 & 0 & 0 \end{pmatrix}$

bra: =  $|p, 1\rangle, |p, 0\rangle, |p, -1\rangle$

ket: =  $|f, 3\rangle, |f, 2\rangle, |f, 1\rangle, |f, 0\rangle, |f, -1\rangle, |f, -2\rangle, |f, -3\rangle$

Table 7: (p,f) block.

No.	multipole	matrix
71	$Q_{2,2}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & \frac{\sqrt{21}}{35} & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & \frac{\sqrt{105}}{35} & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & \frac{3\sqrt{35}}{35} \end{pmatrix}$
72	$Q_{2,1}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & -\frac{3\sqrt{7}}{35} & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & -\frac{2\sqrt{42}}{35} & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & -\frac{\sqrt{210}}{35} & 0 \end{pmatrix}$
73	$Q_{2,0}^{(a)}$	$\begin{pmatrix} 0 & 0 & \frac{3\sqrt{14}}{35} & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & \frac{3\sqrt{21}}{35} & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & \frac{3\sqrt{14}}{35} & 0 & 0 \end{pmatrix}$
74	$Q_{2,-1}^{(a)}$	$\begin{pmatrix} 0 & -\frac{\sqrt{210}}{35} & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & -\frac{2\sqrt{42}}{35} & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & -\frac{3\sqrt{7}}{35} & 0 & 0 & 0 \end{pmatrix}$
75	$Q_{2,-2}^{(a)}$	$\begin{pmatrix} \frac{3\sqrt{35}}{35} & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & \frac{\sqrt{105}}{35} & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & \frac{\sqrt{21}}{35} & 0 & 0 & 0 & 0 \end{pmatrix}$
76	$Q_{4,4}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 & 0 & -\frac{2\sqrt{3}}{9} \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \end{pmatrix}$
77	$Q_{4,3}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 & \frac{1}{3} & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & -\frac{\sqrt{3}}{9} \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \end{pmatrix}$
78	$Q_{4,2}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & -\frac{\sqrt{35}}{21} & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & \frac{2\sqrt{7}}{21} & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & -\frac{\sqrt{21}}{63} \end{pmatrix}$

continued ...

Table 7

No.	multipole	matrix
79	$Q_{4,1}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & \frac{\sqrt{210}}{63} & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & -\frac{\sqrt{35}}{21} & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & \frac{\sqrt{7}}{21} & 0 \end{pmatrix}$
80	$Q_{4,0}^{(a)}$	$\begin{pmatrix} 0 & 0 & -\frac{\sqrt{14}}{21} & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & \frac{4\sqrt{21}}{63} & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & -\frac{\sqrt{14}}{21} & 0 & 0 \end{pmatrix}$
81	$Q_{4,-1}^{(a)}$	$\begin{pmatrix} 0 & \frac{\sqrt{7}}{21} & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & -\frac{\sqrt{35}}{21} & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & \frac{\sqrt{210}}{63} & 0 & 0 & 0 \end{pmatrix}$
82	$Q_{4,-2}^{(a)}$	$\begin{pmatrix} -\frac{\sqrt{21}}{63} & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & \frac{2\sqrt{7}}{21} & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & -\frac{\sqrt{35}}{21} & 0 & 0 & 0 & 0 \end{pmatrix}$
83	$Q_{4,-3}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ -\frac{\sqrt{3}}{9} & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & \frac{1}{3} & 0 & 0 & 0 & 0 & 0 \end{pmatrix}$
84	$Q_{4,-4}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ -\frac{2\sqrt{3}}{9} & 0 & 0 & 0 & 0 & 0 & 0 \end{pmatrix}$
85	$G_{3,3}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 & -\frac{3\sqrt{7}i}{28} & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & -\frac{3\sqrt{21}i}{28} \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \end{pmatrix}$
86	$G_{3,2}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & \frac{\sqrt{105}i}{28} & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & \frac{\sqrt{21}i}{14} & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & -\frac{3\sqrt{7}i}{28} \end{pmatrix}$

continued ...

Table 7

No.	multipole	matrix
87	$\mathbb{G}_{3,1}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & -\frac{3\sqrt{14}i}{28} & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & -\frac{\sqrt{21}i}{28} & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & \frac{\sqrt{105}i}{28} & 0 \end{pmatrix}$
88	$\mathbb{G}_{3,0}^{(a)}$	$\begin{pmatrix} 0 & 0 & \frac{3\sqrt{14}i}{28} & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & -\frac{3\sqrt{14}i}{28} & 0 & 0 \end{pmatrix}$
89	$\mathbb{G}_{3,-1}^{(a)}$	$\begin{pmatrix} 0 & -\frac{\sqrt{105}i}{28} & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & \frac{\sqrt{21}i}{28} & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & \frac{3\sqrt{14}i}{28} & 0 & 0 & 0 \end{pmatrix}$
90	$\mathbb{G}_{3,-2}^{(a)}$	$\begin{pmatrix} \frac{3\sqrt{7}i}{28} & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & -\frac{\sqrt{21}i}{14} & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & -\frac{\sqrt{105}i}{28} & 0 & 0 & 0 & 0 \end{pmatrix}$
91	$\mathbb{G}_{3,-3}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ \frac{3\sqrt{21}i}{28} & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & \frac{3\sqrt{7}i}{28} & 0 & 0 & 0 & 0 & 0 \end{pmatrix}$
92	$\mathbb{T}_{2,2}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & \frac{\sqrt{21}i}{42} & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & \frac{\sqrt{105}i}{42} & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & \frac{\sqrt{35}i}{14} \end{pmatrix}$
93	$\mathbb{T}_{2,1}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & -\frac{\sqrt{7}i}{14} & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & -\frac{\sqrt{42}i}{21} & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & -\frac{\sqrt{210}i}{42} & 0 \end{pmatrix}$
94	$\mathbb{T}_{2,0}^{(a)}$	$\begin{pmatrix} 0 & 0 & \frac{\sqrt{14}i}{14} & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & \frac{\sqrt{21}i}{14} & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & \frac{\sqrt{14}i}{14} & 0 & 0 \end{pmatrix}$

continued ...

Table 7

No.	multipole	matrix
95	$\mathbb{T}_{2,-1}^{(a)}$	$0 \quad -\frac{\sqrt{210}i}{42} \quad 0 \quad 0 \quad 0 \quad 0 \quad 0$
		$0 \quad 0 \quad -\frac{\sqrt{42}i}{21} \quad 0 \quad 0 \quad 0 \quad 0$
		$0 \quad 0 \quad 0 \quad -\frac{\sqrt{7}i}{14} \quad 0 \quad 0 \quad 0$
96	$\mathbb{T}_{2,-2}^{(a)}$	$\frac{\sqrt{35}i}{14} \quad 0 \quad 0 \quad 0 \quad 0 \quad 0 \quad 0$
		$0 \quad \frac{\sqrt{105}i}{42} \quad 0 \quad 0 \quad 0 \quad 0 \quad 0$
		$0 \quad 0 \quad \frac{\sqrt{21}i}{42} \quad 0 \quad 0 \quad 0 \quad 0$
97	$\mathbb{T}_{4,4}^{(a)}$	$0 \quad 0 \quad 0 \quad 0 \quad 0 \quad 0 \quad -\frac{2\sqrt{3}i}{27}$
		$0 \quad 0 \quad 0 \quad 0 \quad 0 \quad 0 \quad 0$
		$0 \quad 0 \quad 0 \quad 0 \quad 0 \quad 0 \quad 0$
98	$\mathbb{T}_{4,3}^{(a)}$	$0 \quad 0 \quad 0 \quad 0 \quad 0 \quad \frac{i}{9} \quad 0$
		$0 \quad 0 \quad 0 \quad 0 \quad 0 \quad 0 \quad -\frac{\sqrt{3}i}{27}$
		$0 \quad 0 \quad 0 \quad 0 \quad 0 \quad 0 \quad 0$
99	$\mathbb{T}_{4,2}^{(a)}$	$0 \quad 0 \quad 0 \quad 0 \quad -\frac{\sqrt{35}i}{63} \quad 0 \quad 0$
		$0 \quad 0 \quad 0 \quad 0 \quad 0 \quad \frac{2\sqrt{7}i}{63} \quad 0$
		$0 \quad 0 \quad 0 \quad 0 \quad 0 \quad 0 \quad -\frac{\sqrt{21}i}{189}$
100	$\mathbb{T}_{4,1}^{(a)}$	$0 \quad 0 \quad 0 \quad \frac{\sqrt{210}i}{189} \quad 0 \quad 0 \quad 0$
		$0 \quad 0 \quad 0 \quad 0 \quad -\frac{\sqrt{35}i}{63} \quad 0 \quad 0$
		$0 \quad 0 \quad 0 \quad 0 \quad 0 \quad \frac{\sqrt{7}i}{63} \quad 0$
101	$\mathbb{T}_{4,0}^{(a)}$	$0 \quad 0 \quad -\frac{\sqrt{14}i}{63} \quad 0 \quad 0 \quad 0 \quad 0$
		$0 \quad 0 \quad 0 \quad \frac{4\sqrt{21}i}{189} \quad 0 \quad 0 \quad 0$
		$0 \quad 0 \quad 0 \quad 0 \quad -\frac{\sqrt{14}i}{63} \quad 0 \quad 0$
102	$\mathbb{T}_{4,-1}^{(a)}$	$0 \quad \frac{\sqrt{7}i}{63} \quad 0 \quad 0 \quad 0 \quad 0 \quad 0$
		$0 \quad 0 \quad -\frac{\sqrt{35}i}{63} \quad 0 \quad 0 \quad 0 \quad 0$
		$0 \quad 0 \quad 0 \quad \frac{\sqrt{210}i}{189} \quad 0 \quad 0 \quad 0$

*continued ...*

Table 7

No.	multipole	matrix
103	$\mathbb{T}_{4,-2}^{(a)}$	$\begin{pmatrix} -\frac{\sqrt{21}i}{189} & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & \frac{2\sqrt{7}i}{63} & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & -\frac{\sqrt{35}i}{63} & 0 & 0 & 0 & 0 & 0 \end{pmatrix}$
104	$\mathbb{T}_{4,-3}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ -\frac{\sqrt{3}i}{27} & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & \frac{i}{9} & 0 & 0 & 0 & 0 & 0 & 0 \end{pmatrix}$
105	$\mathbb{T}_{4,-4}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ -\frac{2\sqrt{3}i}{27} & 0 & 0 & 0 & 0 & 0 & 0 & 0 \end{pmatrix}$
106	$\mathbb{M}_{3,3}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 & -\frac{3\sqrt{7}}{14} & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & -\frac{3\sqrt{21}}{14} & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \end{pmatrix}$
107	$\mathbb{M}_{3,2}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & \frac{\sqrt{105}}{14} & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & \frac{\sqrt{21}}{7} & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & -\frac{3\sqrt{7}}{14} & 0 \end{pmatrix}$
108	$\mathbb{M}_{3,1}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & -\frac{3\sqrt{14}}{14} & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & -\frac{\sqrt{21}}{14} & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & \frac{\sqrt{105}}{14} & 0 \end{pmatrix}$
109	$\mathbb{M}_{3,0}^{(a)}$	$\begin{pmatrix} 0 & 0 & \frac{3\sqrt{14}}{14} & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & -\frac{3\sqrt{14}}{14} & 0 & 0 & 0 \end{pmatrix}$
110	$\mathbb{M}_{3,-1}^{(a)}$	$\begin{pmatrix} 0 & -\frac{\sqrt{105}}{14} & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & \frac{\sqrt{21}}{14} & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & \frac{3\sqrt{14}}{14} & 0 & 0 & 0 & 0 \end{pmatrix}$

continued ...

Table 7

No.	multipole	matrix
111	$M_{3,-2}^{(a)}$	$\frac{3\sqrt{7}}{14}$ 0 0 0 0 0 0
		0 $-\frac{\sqrt{21}}{7}$ 0 0 0 0 0
		0 0 $-\frac{\sqrt{105}}{14}$ 0 0 0 0
112	$M_{3,-3}^{(a)}$	0 0 0 0 0 0 0
		$\frac{3\sqrt{21}}{14}$ 0 0 0 0 0 0
		0 $\frac{3\sqrt{7}}{14}$ 0 0 0 0 0

bra: =  $|d, 2\rangle, |d, 1\rangle, |d, 0\rangle, |d, -1\rangle, |d, -2\rangle$   
ket: =  $|d, 2\rangle, |d, 1\rangle, |d, 0\rangle, |d, -1\rangle, |d, -2\rangle$

Table 8: (d,d) block.

No.	multipole	matrix
113	$Q_{0,0}^{(a)}$	1 0 0 0 0
		0 1 0 0 0
		0 0 1 0 0
		0 0 0 1 0
		0 0 0 0 1
114	$Q_{2,2}^{(a)}$	0 0 $-\frac{2}{7}$ 0 0
		0 0 0 $-\frac{\sqrt{6}}{7}$ 0
		0 0 0 0 $-\frac{2}{7}$
		0 0 0 0 0
		0 0 0 0 0

*continued ...*

Table 8

No.	multipole	matrix
115	$\mathbb{Q}_{2,1}^{(a)}$	$\begin{pmatrix} 0 & \frac{\sqrt{6}}{7} & 0 & 0 & 0 \\ 0 & 0 & \frac{1}{7} & 0 & 0 \\ 0 & 0 & 0 & -\frac{1}{7} & 0 \\ 0 & 0 & 0 & 0 & -\frac{\sqrt{6}}{7} \\ 0 & 0 & 0 & 0 & 0 \end{pmatrix}$
116	$\mathbb{Q}_{2,0}^{(a)}$	$\begin{pmatrix} -\frac{2}{7} & 0 & 0 & 0 & 0 \\ 0 & \frac{1}{7} & 0 & 0 & 0 \\ 0 & 0 & \frac{2}{7} & 0 & 0 \\ 0 & 0 & 0 & \frac{1}{7} & 0 \\ 0 & 0 & 0 & 0 & -\frac{2}{7} \end{pmatrix}$
117	$\mathbb{Q}_{2,-1}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 \\ -\frac{\sqrt{6}}{7} & 0 & 0 & 0 & 0 \\ 0 & -\frac{1}{7} & 0 & 0 & 0 \\ 0 & 0 & \frac{1}{7} & 0 & 0 \\ 0 & 0 & 0 & \frac{\sqrt{6}}{7} & 0 \end{pmatrix}$
118	$\mathbb{Q}_{2,-2}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \\ -\frac{2}{7} & 0 & 0 & 0 & 0 \\ 0 & -\frac{\sqrt{6}}{7} & 0 & 0 & 0 \\ 0 & 0 & -\frac{2}{7} & 0 & 0 \end{pmatrix}$

*continued ...*

Table 8

No.	multipole	matrix
119	$Q_{4,4}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & \frac{\sqrt{70}}{21} \\ 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \end{pmatrix}$
120	$Q_{4,3}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & -\frac{\sqrt{35}}{21} & 0 \\ 0 & 0 & 0 & 0 & \frac{\sqrt{35}}{21} \\ 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \end{pmatrix}$
121	$Q_{4,2}^{(a)}$	$\begin{pmatrix} 0 & 0 & \frac{\sqrt{15}}{21} & 0 & 0 \\ 0 & 0 & 0 & -\frac{2\sqrt{10}}{21} & 0 \\ 0 & 0 & 0 & 0 & \frac{\sqrt{15}}{21} \\ 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \end{pmatrix}$
122	$Q_{4,1}^{(a)}$	$\begin{pmatrix} 0 & -\frac{\sqrt{5}}{21} & 0 & 0 & 0 \\ 0 & 0 & \frac{\sqrt{30}}{21} & 0 & 0 \\ 0 & 0 & 0 & -\frac{\sqrt{30}}{21} & 0 \\ 0 & 0 & 0 & 0 & \frac{\sqrt{5}}{21} \\ 0 & 0 & 0 & 0 & 0 \end{pmatrix}$

*continued ...*

Table 8

No.	multipole	matrix
123	$Q_{4,0}^{(a)}$	$\begin{pmatrix} \frac{1}{21} & 0 & 0 & 0 & 0 \\ 0 & -\frac{4}{21} & 0 & 0 & 0 \\ 0 & 0 & \frac{2}{7} & 0 & 0 \\ 0 & 0 & 0 & -\frac{4}{21} & 0 \\ 0 & 0 & 0 & 0 & \frac{1}{21} \end{pmatrix}$
124	$Q_{4,-1}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 \\ \frac{\sqrt{5}}{21} & 0 & 0 & 0 & 0 \\ 0 & -\frac{\sqrt{30}}{21} & 0 & 0 & 0 \\ 0 & 0 & \frac{\sqrt{30}}{21} & 0 & 0 \\ 0 & 0 & 0 & -\frac{\sqrt{5}}{21} & 0 \end{pmatrix}$
125	$Q_{4,-2}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \\ \frac{\sqrt{15}}{21} & 0 & 0 & 0 & 0 \\ 0 & -\frac{2\sqrt{10}}{21} & 0 & 0 & 0 \\ 0 & 0 & \frac{\sqrt{15}}{21} & 0 & 0 \end{pmatrix}$
126	$Q_{4,-3}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \\ \frac{\sqrt{35}}{21} & 0 & 0 & 0 & 0 \\ 0 & -\frac{\sqrt{35}}{21} & 0 & 0 & 0 \end{pmatrix}$

*continued ...*

Table 8

No.	multipole	matrix
127	$Q_{4,-4}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \\ \frac{\sqrt{70}}{21} & 0 & 0 & 0 & 0 \end{pmatrix}$
128	$M_{1,1}^{(a)}$	$\begin{pmatrix} 0 & -\sqrt{2} & 0 & 0 & 0 \\ 0 & 0 & -\sqrt{3} & 0 & 0 \\ 0 & 0 & 0 & -\sqrt{3} & 0 \\ 0 & 0 & 0 & 0 & -\sqrt{2} \\ 0 & 0 & 0 & 0 & 0 \end{pmatrix}$
129	$M_{1,0}^{(a)}$	$\begin{pmatrix} 2 & 0 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & -1 & 0 \\ 0 & 0 & 0 & 0 & -2 \end{pmatrix}$
130	$M_{1,-1}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 \\ \sqrt{2} & 0 & 0 & 0 & 0 \\ 0 & \sqrt{3} & 0 & 0 & 0 \\ 0 & 0 & \sqrt{3} & 0 & 0 \\ 0 & 0 & 0 & \sqrt{2} & 0 \end{pmatrix}$

*continued ...*

Table 8

No.	multipole	matrix
131	$M_{3,3}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & \frac{3\sqrt{5}}{7} & 0 \\ 0 & 0 & 0 & 0 & \frac{3\sqrt{5}}{7} \\ 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \end{pmatrix}$
132	$M_{3,2}^{(a)}$	$\begin{pmatrix} 0 & 0 & -\frac{3\sqrt{5}}{7} & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & \frac{3\sqrt{5}}{7} \\ 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \end{pmatrix}$
133	$M_{3,1}^{(a)}$	$\begin{pmatrix} 0 & \frac{3\sqrt{3}}{7} & 0 & 0 & 0 \\ 0 & 0 & -\frac{3\sqrt{2}}{7} & 0 & 0 \\ 0 & 0 & 0 & -\frac{3\sqrt{2}}{7} & 0 \\ 0 & 0 & 0 & 0 & \frac{3\sqrt{3}}{7} \\ 0 & 0 & 0 & 0 & 0 \end{pmatrix}$
134	$M_{3,0}^{(a)}$	$\begin{pmatrix} -\frac{3}{7} & 0 & 0 & 0 & 0 \\ 0 & \frac{6}{7} & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & -\frac{6}{7} & 0 \\ 0 & 0 & 0 & 0 & \frac{3}{7} \end{pmatrix}$

*continued ...*

Table 8

No.	multipole	matrix
135	$M_{3,-1}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 \\ -\frac{3\sqrt{3}}{7} & 0 & 0 & 0 & 0 \\ 0 & \frac{3\sqrt{2}}{7} & 0 & 0 & 0 \\ 0 & 0 & \frac{3\sqrt{2}}{7} & 0 & 0 \\ 0 & 0 & 0 & -\frac{3\sqrt{3}}{7} & 0 \end{pmatrix}$
136	$M_{3,-2}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \\ -\frac{3\sqrt{5}}{7} & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & \frac{3\sqrt{5}}{7} & 0 & 0 \end{pmatrix}$
137	$M_{3,-3}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \\ -\frac{3\sqrt{5}}{7} & 0 & 0 & 0 & 0 \\ 0 & -\frac{3\sqrt{5}}{7} & 0 & 0 & 0 \end{pmatrix}$

bra: =  $|d, 2\rangle, |d, 1\rangle, |d, 0\rangle, |d, -1\rangle, |d, -2\rangle$

ket: =  $|f, 3\rangle, |f, 2\rangle, |f, 1\rangle, |f, 0\rangle, |f, -1\rangle, |f, -2\rangle, |f, -3\rangle$

Table 9: (d,f) block.

No.	multipole	matrix
138	$Q_{1,1}^{(a)}$	$0 \ 0 \ -\frac{\sqrt{35}}{35} \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ -\frac{\sqrt{105}}{35} \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ -\frac{\sqrt{210}}{35} \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ -\frac{\sqrt{14}}{7} \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ -\frac{\sqrt{21}}{7}$
139	$Q_{1,0}^{(a)}$	$0 \ \frac{\sqrt{7}}{7} \ 0 \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ \frac{2\sqrt{70}}{35} \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ \frac{3\sqrt{35}}{35} \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ \frac{2\sqrt{70}}{35} \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ \frac{\sqrt{7}}{7} \ 0$
140	$Q_{1,-1}^{(a)}$	$-\frac{\sqrt{21}}{7} \ 0 \ 0 \ 0 \ 0 \ 0 \ 0$
		$0 \ -\frac{\sqrt{14}}{7} \ 0 \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ -\frac{\sqrt{210}}{35} \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ -\frac{\sqrt{105}}{35} \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ -\frac{\sqrt{35}}{35} \ 0 \ 0$
141	$Q_{3,3}^{(a)}$	$0 \ 0 \ 0 \ 0 \ \frac{\sqrt{14}}{21} \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ \frac{\sqrt{35}}{21} \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ \frac{\sqrt{35}}{21}$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ 0$

*continued ...*

Table 9

No.	multipole	matrix						
142	$Q_{3,2}^{(a)}$	0	0	0	$-\frac{2\sqrt{7}}{21}$	0	0	0
		0	0	0	0	$-\frac{\sqrt{21}}{21}$	0	0
		0	0	0	0	0	0	0
		0	0	0	0	0	0	$\frac{\sqrt{35}}{21}$
		0	0	0	0	0	0	0
143	$Q_{3,1}^{(a)}$	0	0	$\frac{2\sqrt{210}}{105}$	0	0	0	0
		0	0	0	$\frac{\sqrt{70}}{105}$	0	0	0
		0	0	0	0	$-\frac{\sqrt{35}}{35}$	0	0
		0	0	0	0	0	$-\frac{\sqrt{21}}{21}$	0
		0	0	0	0	0	0	$\frac{\sqrt{14}}{21}$
144	$Q_{3,0}^{(a)}$	0	$-\frac{2\sqrt{7}}{21}$	0	0	0	0	0
		0	0	$\frac{\sqrt{70}}{105}$	0	0	0	0
		0	0	0	$\frac{4\sqrt{35}}{105}$	0	0	0
		0	0	0	0	$\frac{\sqrt{70}}{105}$	0	0
		0	0	0	0	0	$-\frac{2\sqrt{7}}{21}$	0
145	$Q_{3,-1}^{(a)}$	$\frac{\sqrt{14}}{21}$	0	0	0	0	0	0
		0	$-\frac{\sqrt{21}}{21}$	0	0	0	0	0
		0	0	$-\frac{\sqrt{35}}{35}$	0	0	0	0
		0	0	0	$\frac{\sqrt{70}}{105}$	0	0	0
		0	0	0	0	$\frac{2\sqrt{210}}{105}$	0	0

*continued ...*

Table 9

No.	multipole	matrix
146	$Q_{3,-2}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ \frac{\sqrt{35}}{21} & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & -\frac{\sqrt{21}}{21} & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & -\frac{2\sqrt{7}}{21} & 0 & 0 & 0 \end{pmatrix}$
147	$Q_{3,-3}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ \frac{\sqrt{35}}{21} & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & \frac{\sqrt{35}}{21} & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & \frac{\sqrt{14}}{21} & 0 & 0 & 0 & 0 \end{pmatrix}$
148	$Q_{5,5}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 & 0 & -\frac{5\sqrt{6}}{33} \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \end{pmatrix}$
149	$Q_{5,4}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 & \frac{\sqrt{10}}{11} & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & -\frac{2\sqrt{15}}{33} \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \end{pmatrix}$

*continued ...*

Table 9

No.	multipole	matrix						
150	$Q_{5,3}^{(a)}$	0	0	0	0	$-\frac{5\sqrt{2}}{33}$	0	0
		0	0	0	0	0	$\frac{4\sqrt{5}}{33}$	0
		0	0	0	0	0	0	$-\frac{2\sqrt{5}}{33}$
		0	0	0	0	0	0	0
		0	0	0	0	0	0	0
151	$Q_{5,2}^{(a)}$	0	0	0	$\frac{5}{33}$	0	0	0
		0	0	0	0	$-\frac{5\sqrt{3}}{33}$	0	0
		0	0	0	0	0	$\frac{\sqrt{5}}{11}$	0
		0	0	0	0	0	0	$-\frac{\sqrt{5}}{33}$
		0	0	0	0	0	0	0
152	$Q_{5,1}^{(a)}$	0	0	$-\frac{5\sqrt{21}}{231}$	0	0	0	0
		0	0	0	$\frac{20\sqrt{7}}{231}$	0	0	0
		0	0	0	0	$-\frac{5\sqrt{14}}{77}$	0	0
		0	0	0	0	0	$\frac{2\sqrt{210}}{231}$	0
		0	0	0	0	0	0	$-\frac{\sqrt{35}}{231}$
153	$Q_{5,0}^{(a)}$	0	$\frac{5\sqrt{7}}{231}$	0	0	0	0	0
		0	0	$-\frac{5\sqrt{70}}{231}$	0	0	0	0
		0	0	0	$\frac{10\sqrt{35}}{231}$	0	0	0
		0	0	0	0	$-\frac{5\sqrt{70}}{231}$	0	0
		0	0	0	0	0	$\frac{5\sqrt{7}}{231}$	0

*continued ...*

Table 9

No.	multipole	matrix						
154	$\mathbb{Q}_{5,-1}^{(a)}$	$-\frac{\sqrt{35}}{231}$	0	0	0	0	0	0
		0	$\frac{2\sqrt{210}}{231}$	0	0	0	0	0
		0	0	$-\frac{5\sqrt{14}}{77}$	0	0	0	0
		0	0	0	$\frac{20\sqrt{7}}{231}$	0	0	0
		0	0	0	0	$-\frac{5\sqrt{21}}{231}$	0	0
155	$\mathbb{Q}_{5,-2}^{(a)}$	0	0	0	0	0	0	0
		$-\frac{\sqrt{5}}{33}$	0	0	0	0	0	0
		0	$\frac{\sqrt{5}}{11}$	0	0	0	0	0
		0	0	$-\frac{5\sqrt{3}}{33}$	0	0	0	0
		0	0	0	$\frac{5}{33}$	0	0	0
156	$\mathbb{Q}_{5,-3}^{(a)}$	0	0	0	0	0	0	0
		0	0	0	0	0	0	0
		$-\frac{2\sqrt{5}}{33}$	0	0	0	0	0	0
		0	$\frac{4\sqrt{5}}{33}$	0	0	0	0	0
		0	0	$-\frac{5\sqrt{2}}{33}$	0	0	0	0
157	$\mathbb{Q}_{5,-4}^{(a)}$	0	0	0	0	0	0	0
		0	0	0	0	0	0	0
		0	0	0	0	0	0	0
		$-\frac{2\sqrt{15}}{33}$	0	0	0	0	0	0
		0	$\frac{\sqrt{10}}{11}$	0	0	0	0	0

*continued ...*

Table 9

No.	multipole	matrix
158	$\mathbb{Q}_{5,-5}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ -\frac{5\sqrt{6}}{33} & 0 & 0 & 0 & 0 & 0 & 0 \end{pmatrix}$
159	$\mathbb{G}_{2,2}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & \frac{2\sqrt{35}i}{35} & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & \frac{2\sqrt{105}i}{35} & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & \frac{2\sqrt{7}i}{7} & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & \frac{2\sqrt{7}i}{7} \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \end{pmatrix}$
160	$\mathbb{G}_{2,1}^{(a)}$	$\begin{pmatrix} 0 & 0 & -\frac{2\sqrt{105}i}{35} & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & -\frac{4\sqrt{35}i}{35} & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & -\frac{2\sqrt{70}i}{35} & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & \frac{2\sqrt{7}i}{7} \end{pmatrix}$
161	$\mathbb{G}_{2,0}^{(a)}$	$\begin{pmatrix} 0 & \frac{2\sqrt{7}i}{7} & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & \frac{2\sqrt{70}i}{35} & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & -\frac{2\sqrt{70}i}{35} & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & -\frac{2\sqrt{7}i}{7} & 0 \end{pmatrix}$

*continued ...*

Table 9

No.	multipole	matrix
162	$\mathbb{G}_{2,-1}^{(a)}$	$\begin{array}{ccccccc} -\frac{2\sqrt{7}i}{7} & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & \frac{2\sqrt{70}i}{35} & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & \frac{4\sqrt{35}i}{35} & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & \frac{2\sqrt{105}i}{35} & 0 & 0 \end{array}$
163	$\mathbb{G}_{2,-2}^{(a)}$	$\begin{array}{ccccccc} 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ -\frac{2\sqrt{7}i}{7} & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & -\frac{2\sqrt{7}i}{7} & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & -\frac{2\sqrt{105}i}{35} & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & -\frac{2\sqrt{35}i}{35} & 0 & 0 & 0 \end{array}$
164	$\mathbb{G}_{4,4}^{(a)}$	$\begin{array}{ccccccc} 0 & 0 & 0 & 0 & 0 & -\frac{4\sqrt{10}i}{75} & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & -\frac{4\sqrt{15}i}{75} \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \end{array}$
165	$\mathbb{G}_{4,3}^{(a)}$	$\begin{array}{ccccccc} 0 & 0 & 0 & 0 & \frac{2\sqrt{2}i}{15} & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & \frac{2\sqrt{5}i}{75} & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & -\frac{2\sqrt{5}i}{25} \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \end{array}$

continued ...

Table 9

No.	multipole	matrix						
166	$\mathbb{G}_{4,2}^{(a)}$	0	0	0	$-\frac{4\sqrt{21}i}{105}$	0	0	0
		0	0	0	0	$\frac{2\sqrt{7}i}{105}$	0	0
		0	0	0	0	0	$\frac{8\sqrt{105}i}{525}$	0
		0	0	0	0	0	0	$-\frac{2\sqrt{105}i}{175}$
		0	0	0	0	0	0	0
167	$\mathbb{G}_{4,1}^{(a)}$	0	0	$\frac{4\sqrt{14}i}{105}$	0	0	0	0
		0	0	0	$-\frac{2\sqrt{42}i}{105}$	0	0	0
		0	0	0	0	$-\frac{2\sqrt{21}i}{105}$	0	0
		0	0	0	0	0	$\frac{2\sqrt{35}i}{75}$	0
		0	0	0	0	0	0	$-\frac{2\sqrt{210}i}{525}$
168	$\mathbb{G}_{4,0}^{(a)}$	0	$-\frac{4\sqrt{7}i}{105}$	0	0	0	0	0
		0	0	$\frac{2\sqrt{70}i}{105}$	0	0	0	0
		0	0	0	0	0	0	0
		0	0	0	0	$-\frac{2\sqrt{70}i}{105}$	0	0
		0	0	0	0	0	$\frac{4\sqrt{7}i}{105}$	0
169	$\mathbb{G}_{4,-1}^{(a)}$	$\frac{2\sqrt{210}i}{525}$	0	0	0	0	0	0
		0	$-\frac{2\sqrt{35}i}{75}$	0	0	0	0	0
		0	0	$\frac{2\sqrt{21}i}{105}$	0	0	0	0
		0	0	0	$\frac{2\sqrt{42}i}{105}$	0	0	0
		0	0	0	0	$-\frac{4\sqrt{14}i}{105}$	0	0

*continued ...*

Table 9

No.	multipole	matrix
170	$\mathbb{G}_{4,-2}^{(a)}$	$\begin{matrix} 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ \frac{2\sqrt{105}i}{175} & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & -\frac{8\sqrt{105}i}{525} & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & -\frac{2\sqrt{7}i}{105} & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & \frac{4\sqrt{21}i}{105} & 0 & 0 & 0 \end{matrix}$
		$\begin{matrix} 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ \frac{2\sqrt{5}i}{25} & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & -\frac{2\sqrt{5}i}{75} & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & -\frac{2\sqrt{2}i}{15} & 0 & 0 & 0 & 0 \end{matrix}$
		$\begin{matrix} 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ \frac{4\sqrt{15}i}{75} & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & \frac{4\sqrt{10}i}{75} & 0 & 0 & 0 & 0 & 0 \end{matrix}$
		$\begin{matrix} 0 & 0 & -\frac{\sqrt{35}i}{35} & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & -\frac{\sqrt{105}i}{35} & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & -\frac{\sqrt{210}i}{35} & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & -\frac{\sqrt{14}i}{7} & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & -\frac{\sqrt{21}i}{7} \end{matrix}$
171	$\mathbb{G}_{4,-3}^{(a)}$	
172	$\mathbb{G}_{4,-4}^{(a)}$	
173	$\mathbb{T}_{1,1}^{(a)}$	

continued ...

Table 9

No.	multipole	matrix
174	$\mathbb{T}_{1,0}^{(a)}$	$\begin{pmatrix} 0 & \frac{\sqrt{7}i}{7} & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & \frac{2\sqrt{70}i}{35} & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & \frac{3\sqrt{35}i}{35} & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & \frac{2\sqrt{70}i}{35} & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & \frac{\sqrt{7}i}{7} & 0 \end{pmatrix}$
175	$\mathbb{T}_{1,-1}^{(a)}$	$\begin{pmatrix} -\frac{\sqrt{21}i}{7} & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & -\frac{\sqrt{14}i}{7} & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & -\frac{\sqrt{210}i}{35} & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & -\frac{\sqrt{105}i}{35} & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & -\frac{\sqrt{35}i}{35} & 0 & 0 \end{pmatrix}$
176	$\mathbb{T}_{3,3}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & \frac{\sqrt{14}i}{70} & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & \frac{\sqrt{35}i}{70} & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & \frac{\sqrt{35}i}{70} \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \end{pmatrix}$
177	$\mathbb{T}_{3,2}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & -\frac{\sqrt{7}i}{35} & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & -\frac{\sqrt{21}i}{70} & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & \frac{\sqrt{35}i}{70} \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \end{pmatrix}$

continued ...

Table 9

No.	multipole	matrix						
178	$\mathbb{T}_{3,1}^{(a)}$	0	0	$\frac{\sqrt{210}i}{175}$	0	0	0	0
		0	0	0	$\frac{\sqrt{70}i}{350}$	0	0	0
		0	0	0	0	$-\frac{3\sqrt{35}i}{350}$	0	0
		0	0	0	0	0	$-\frac{\sqrt{21}i}{70}$	0
		0	0	0	0	0	0	$\frac{\sqrt{14}i}{70}$
179	$\mathbb{T}_{3,0}^{(a)}$	0	$-\frac{\sqrt{7}i}{35}$	0	0	0	0	0
		0	0	$\frac{\sqrt{70}i}{350}$	0	0	0	0
		0	0	0	$\frac{2\sqrt{35}i}{175}$	0	0	0
		0	0	0	0	$\frac{\sqrt{70}i}{350}$	0	0
		0	0	0	0	0	$-\frac{\sqrt{7}i}{35}$	0
180	$\mathbb{T}_{3,-1}^{(a)}$	$\frac{\sqrt{14}i}{70}$	0	0	0	0	0	0
		0	$-\frac{\sqrt{21}i}{70}$	0	0	0	0	0
		0	0	$-\frac{3\sqrt{35}i}{350}$	0	0	0	0
		0	0	0	$\frac{\sqrt{70}i}{350}$	0	0	0
		0	0	0	0	$\frac{\sqrt{210}i}{175}$	0	0
181	$\mathbb{T}_{3,-2}^{(a)}$	0	0	0	0	0	0	0
		$\frac{\sqrt{35}i}{70}$	0	0	0	0	0	0
		0	0	0	0	0	0	0
		0	0	$-\frac{\sqrt{21}i}{70}$	0	0	0	0
		0	0	0	$-\frac{\sqrt{7}i}{35}$	0	0	0

*continued ...*

Table 9

No.	multipole	matrix
182	$T_{3,-3}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ \frac{\sqrt{35}i}{70} & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & \frac{\sqrt{35}i}{70} & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & \frac{\sqrt{14}i}{70} & 0 & 0 & 0 & 0 \end{pmatrix}$
183	$T_{5,5}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 & 0 & -\frac{5\sqrt{6}i}{231} \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \end{pmatrix}$
184	$T_{5,4}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 & \frac{\sqrt{10}i}{77} & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & -\frac{2\sqrt{15}i}{231} \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \end{pmatrix}$
185	$T_{5,3}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & -\frac{5\sqrt{2}i}{231} & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & \frac{4\sqrt{5}i}{231} & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & -\frac{2\sqrt{5}i}{231} \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \end{pmatrix}$

*continued ...*

Table 9

No.	multipole	matrix						
186	$\mathbb{T}_{5,2}^{(a)}$	0	0	0	$\frac{5i}{231}$	0	0	0
		0	0	0	0	$-\frac{5\sqrt{3}i}{231}$	0	0
		0	0	0	0	0	$\frac{\sqrt{5}i}{77}$	0
		0	0	0	0	0	0	$-\frac{\sqrt{5}i}{231}$
		0	0	0	0	0	0	0
187	$\mathbb{T}_{5,1}^{(a)}$	0	0	$-\frac{5\sqrt{21}i}{1617}$	0	0	0	0
		0	0	0	$\frac{20\sqrt{7}i}{1617}$	0	0	0
		0	0	0	0	$-\frac{5\sqrt{14}i}{539}$	0	0
		0	0	0	0	0	$\frac{2\sqrt{210}i}{1617}$	0
		0	0	0	0	0	0	$-\frac{\sqrt{35}i}{1617}$
188	$\mathbb{T}_{5,0}^{(a)}$	0	$\frac{5\sqrt{7}i}{1617}$	0	0	0	0	0
		0	0	$-\frac{5\sqrt{70}i}{1617}$	0	0	0	0
		0	0	0	$\frac{10\sqrt{35}i}{1617}$	0	0	0
		0	0	0	0	$-\frac{5\sqrt{70}i}{1617}$	0	0
		0	0	0	0	0	$\frac{5\sqrt{7}i}{1617}$	0
189	$\mathbb{T}_{5,-1}^{(a)}$	$-\frac{\sqrt{35}i}{1617}$	0	0	0	0	0	0
		0	$\frac{2\sqrt{210}i}{1617}$	0	0	0	0	0
		0	0	$-\frac{5\sqrt{14}i}{539}$	0	0	0	0
		0	0	0	$\frac{20\sqrt{7}i}{1617}$	0	0	0
		0	0	0	0	$-\frac{5\sqrt{21}i}{1617}$	0	0

*continued ...*

Table 9

No.	multipole	matrix
190	$\mathbb{T}_{5,-2}^{(a)}$	0 0 0 0 0 0 0
		$-\frac{\sqrt{5}i}{231}$ 0 0 0 0 0 0
		0 $\frac{\sqrt{5}i}{77}$ 0 0 0 0 0
		0 0 $-\frac{5\sqrt{3}i}{231}$ 0 0 0 0
		0 0 0 $\frac{5i}{231}$ 0 0 0
191	$\mathbb{T}_{5,-3}^{(a)}$	0 0 0 0 0 0 0
		0 0 0 0 0 0 0
		$-\frac{2\sqrt{5}i}{231}$ 0 0 0 0 0 0
		0 $\frac{4\sqrt{5}i}{231}$ 0 0 0 0 0
		0 0 $-\frac{5\sqrt{2}i}{231}$ 0 0 0 0
192	$\mathbb{T}_{5,-4}^{(a)}$	0 0 0 0 0 0 0
		0 0 0 0 0 0 0
		0 0 0 0 0 0 0
		$-\frac{2\sqrt{15}i}{231}$ 0 0 0 0 0 0
		0 $\frac{\sqrt{10}i}{77}$ 0 0 0 0 0
193	$\mathbb{T}_{5,-5}^{(a)}$	0 0 0 0 0 0 0
		0 0 0 0 0 0 0
		0 0 0 0 0 0 0
		0 0 0 0 0 0 0
		$-\frac{5\sqrt{6}i}{231}$ 0 0 0 0 0 0

*continued ...*

Table 9

No.	multipole	matrix
194	$M_{2,2}^{(a)}$	$0 \ 0 \ 0 \ \frac{4\sqrt{35}}{35} \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ \frac{4\sqrt{105}}{35} \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ \frac{4\sqrt{7}}{7} \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ \frac{4\sqrt{7}}{7}$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ 0$
195	$M_{2,1}^{(a)}$	$0 \ 0 \ -\frac{4\sqrt{105}}{35} \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ -\frac{8\sqrt{35}}{35} \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ -\frac{4\sqrt{70}}{35} \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ \frac{4\sqrt{7}}{7}$
196	$M_{2,0}^{(a)}$	$0 \ \frac{4\sqrt{7}}{7} \ 0 \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ \frac{4\sqrt{70}}{35} \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ -\frac{4\sqrt{70}}{35} \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ -\frac{4\sqrt{7}}{7} \ 0$
197	$M_{2,-1}^{(a)}$	$-\frac{4\sqrt{7}}{7} \ 0 \ 0 \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ \frac{4\sqrt{70}}{35} \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ \frac{8\sqrt{35}}{35} \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ \frac{4\sqrt{105}}{35} \ 0 \ 0$

*continued ...*

Table 9

No.	multipole	matrix
198	$M_{2,-2}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ -\frac{4\sqrt{7}}{7} & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & -\frac{4\sqrt{7}}{7} & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & -\frac{4\sqrt{105}}{35} & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & -\frac{4\sqrt{35}}{35} & 0 & 0 & 0 & 0 \end{pmatrix}$
199	$M_{4,4}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 & -\frac{4\sqrt{10}}{15} & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & -\frac{4\sqrt{15}}{15} \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \end{pmatrix}$
200	$M_{4,3}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & \frac{2\sqrt{2}}{3} & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & \frac{2\sqrt{5}}{15} & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & -\frac{2\sqrt{5}}{5} \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \end{pmatrix}$
201	$M_{4,2}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & -\frac{4\sqrt{21}}{21} & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & \frac{2\sqrt{7}}{21} & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & \frac{8\sqrt{105}}{105} & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & -\frac{2\sqrt{105}}{35} \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \end{pmatrix}$

*continued ...*

Table 9

No.	multipole	matrix
202	$M_{4,1}^{(a)}$	$\begin{pmatrix} 0 & 0 & \frac{4\sqrt{14}}{21} & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & -\frac{2\sqrt{42}}{21} & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & -\frac{2\sqrt{21}}{21} & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & \frac{2\sqrt{35}}{15} & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & -\frac{2\sqrt{210}}{105} \end{pmatrix}$
203	$M_{4,0}^{(a)}$	$\begin{pmatrix} 0 & -\frac{4\sqrt{7}}{21} & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & \frac{2\sqrt{70}}{21} & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & -\frac{2\sqrt{70}}{21} & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & \frac{4\sqrt{7}}{21} & 0 \end{pmatrix}$
204	$M_{4,-1}^{(a)}$	$\begin{pmatrix} \frac{2\sqrt{210}}{105} & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & -\frac{2\sqrt{35}}{15} & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & \frac{2\sqrt{21}}{21} & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & \frac{2\sqrt{42}}{21} & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & -\frac{4\sqrt{14}}{21} & 0 & 0 \end{pmatrix}$
205	$M_{4,-2}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ \frac{2\sqrt{105}}{35} & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & -\frac{8\sqrt{105}}{105} & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & -\frac{2\sqrt{7}}{21} & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & \frac{4\sqrt{21}}{21} & 0 & 0 & 0 \end{pmatrix}$

*continued ...*

Table 9

No.	multipole	matrix
206	$M_{4,-3}^{(a)}$	0 0 0 0 0 0 0
		0 0 0 0 0 0 0
		$\frac{2\sqrt{5}}{5}$ 0 0 0 0 0 0
		0 $-\frac{2\sqrt{5}}{15}$ 0 0 0 0 0
		0 0 $-\frac{2\sqrt{2}}{3}$ 0 0 0 0
207	$M_{4,-4}^{(a)}$	0 0 0 0 0 0 0
		0 0 0 0 0 0 0
		0 0 0 0 0 0 0
		$\frac{4\sqrt{15}}{15}$ 0 0 0 0 0 0
		0 $\frac{4\sqrt{10}}{15}$ 0 0 0 0 0

bra: =  $|f, 3\rangle, |f, 2\rangle, |f, 1\rangle, |f, 0\rangle, |f, -1\rangle, |f, -2\rangle, |f, -3\rangle$   
ket: =  $|f, 3\rangle, |f, 2\rangle, |f, 1\rangle, |f, 0\rangle, |f, -1\rangle, |f, -2\rangle, |f, -3\rangle$

Table 10: (f,f) block.

No.	multipole	matrix
208	$Q_{0,0}^{(a)}$	1 0 0 0 0 0 0
		0 1 0 0 0 0 0
		0 0 1 0 0 0 0
		0 0 0 1 0 0 0
		0 0 0 0 1 0 0
		0 0 0 0 0 1 0
		0 0 0 0 0 0 1
		0 0 0 0 0 0 1

*continued ...*

Table 10

No.	multipole	matrix						
209	$\mathbb{Q}_{2,2}^{(a)}$	0	0	$-\frac{\sqrt{10}}{15}$	0	0	0	0
		0	0	0	$-\frac{2\sqrt{5}}{15}$	0	0	0
		0	0	0	0	$-\frac{2\sqrt{6}}{15}$	0	0
		0	0	0	0	0	$-\frac{2\sqrt{5}}{15}$	0
		0	0	0	0	0	0	$-\frac{\sqrt{10}}{15}$
		0	0	0	0	0	0	0
		0	0	0	0	0	0	0
210	$\mathbb{Q}_{2,1}^{(a)}$	0	$\frac{1}{3}$	0	0	0	0	0
		0	0	$\frac{\sqrt{15}}{15}$	0	0	0	0
		0	0	0	$\frac{\sqrt{2}}{15}$	0	0	0
		0	0	0	0	$-\frac{\sqrt{2}}{15}$	0	0
		0	0	0	0	0	$-\frac{\sqrt{15}}{15}$	0
		0	0	0	0	0	0	$-\frac{1}{3}$
		0	0	0	0	0	0	0
211	$\mathbb{Q}_{2,0}^{(a)}$	$-\frac{1}{3}$	0	0	0	0	0	0
		0	0	0	0	0	0	0
		0	0	$\frac{1}{5}$	0	0	0	0
		0	0	0	$\frac{4}{15}$	0	0	0
		0	0	0	0	$\frac{1}{5}$	0	0
		0	0	0	0	0	0	0
		0	0	0	0	0	0	$-\frac{1}{3}$

*continued ...*

Table 10

No.	multipole	matrix						
212	$Q_{2,-1}^{(a)}$	0	0	0	0	0	0	0
		$-\frac{1}{3}$	0	0	0	0	0	0
		0	$-\frac{\sqrt{15}}{15}$	0	0	0	0	0
		0	0	$-\frac{\sqrt{2}}{15}$	0	0	0	0
		0	0	0	$\frac{\sqrt{2}}{15}$	0	0	0
		0	0	0	0	$\frac{\sqrt{15}}{15}$	0	0
		0	0	0	0	0	$\frac{1}{3}$	0
213	$Q_{2,-2}^{(a)}$	0	0	0	0	0	0	0
		0	0	0	0	0	0	0
		$-\frac{\sqrt{10}}{15}$	0	0	0	0	0	0
		0	$-\frac{2\sqrt{5}}{15}$	0	0	0	0	0
		0	0	$-\frac{2\sqrt{6}}{15}$	0	0	0	0
		0	0	0	$-\frac{2\sqrt{5}}{15}$	0	0	0
		0	0	0	0	$-\frac{\sqrt{10}}{15}$	0	0
214	$Q_{4,4}^{(a)}$	0	0	0	0	$\frac{\sqrt{42}}{33}$	0	0
		0	0	0	0	0	$\frac{\sqrt{70}}{33}$	0
		0	0	0	0	0	0	$\frac{\sqrt{42}}{33}$
		0	0	0	0	0	0	0
		0	0	0	0	0	0	0
		0	0	0	0	0	0	0
		0	0	0	0	0	0	0

*continued ...*

Table 10

No.	multipole	matrix
215	$Q_{4,3}^{(a)}$	$0 \ 0 \ 0 \ -\frac{\sqrt{7}}{11} \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ -\frac{\sqrt{14}}{33} \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ \frac{\sqrt{14}}{33} \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ \frac{\sqrt{7}}{11}$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ 0$
216	$Q_{4,2}^{(a)}$	$0 \ 0 \ \frac{\sqrt{6}}{11} \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ -\frac{\sqrt{3}}{33} \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ -\frac{2\sqrt{10}}{33} \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ -\frac{\sqrt{3}}{33} \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ \frac{\sqrt{6}}{11}$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ 0$
217	$Q_{4,1}^{(a)}$	$0 \ -\frac{\sqrt{30}}{33} \ 0 \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ \frac{4\sqrt{2}}{33} \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ \frac{\sqrt{15}}{33} \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ -\frac{\sqrt{15}}{33} \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ -\frac{4\sqrt{2}}{33} \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ \frac{\sqrt{30}}{33}$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ 0$

*continued ...*

Table 10

No.	multipole	matrix							
218	$Q_{4,0}^{(a)}$	$\frac{1}{11}$	0	0	0	0	0	0	0
		0	$-\frac{7}{33}$	0	0	0	0	0	0
		0	0	$\frac{1}{33}$	0	0	0	0	0
		0	0	0	$\frac{2}{11}$	0	0	0	0
		0	0	0	0	$\frac{1}{33}$	0	0	0
		0	0	0	0	0	$-\frac{7}{33}$	0	0
		0	0	0	0	0	0	$\frac{1}{11}$	0
219	$Q_{4,-1}^{(a)}$	0	0	0	0	0	0	0	0
		$\frac{\sqrt{30}}{33}$	0	0	0	0	0	0	0
		0	$-\frac{4\sqrt{2}}{33}$	0	0	0	0	0	0
		0	0	$-\frac{\sqrt{15}}{33}$	0	0	0	0	0
		0	0	0	$\frac{\sqrt{15}}{33}$	0	0	0	0
		0	0	0	0	$\frac{4\sqrt{2}}{33}$	0	0	0
		0	0	0	0	0	$-\frac{\sqrt{30}}{33}$	0	0
220	$Q_{4,-2}^{(a)}$	0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		$\frac{\sqrt{6}}{11}$	0	0	0	0	0	0	0
		0	$-\frac{\sqrt{3}}{33}$	0	0	0	0	0	0
		0	0	$-\frac{2\sqrt{10}}{33}$	0	0	0	0	0
		0	0	0	$-\frac{\sqrt{3}}{33}$	0	0	0	0
		0	0	0	0	$\frac{\sqrt{6}}{11}$	0	0	0

*continued ...*

Table 10

No.	multipole	matrix							
221	$Q_{4,-3}^{(a)}$	0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		$\frac{\sqrt{7}}{11}$	0	0	0	0	0	0	0
		0	$\frac{\sqrt{14}}{33}$	0	0	0	0	0	0
		0	0	$-\frac{\sqrt{14}}{33}$	0	0	0	0	0
		0	0	0	$-\frac{\sqrt{7}}{11}$	0	0	0	
222	$Q_{4,-4}^{(a)}$	0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		$\frac{\sqrt{42}}{33}$	0	0	0	0	0	0	0
		0	$\frac{\sqrt{70}}{33}$	0	0	0	0	0	0
		0	0	$\frac{\sqrt{42}}{33}$	0	0	0	0	
223	$Q_{6,6}^{(a)}$	0	0	0	0	0	0	$-\frac{10\sqrt{231}}{429}$	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	

*continued ...*

Table 10

No.	multipole	matrix
224	$\mathbb{Q}_{6,5}^{(a)}$	$0 \ 0 \ 0 \ 0 \ 0 \ \frac{5\sqrt{462}}{429} \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ -\frac{5\sqrt{462}}{429}$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ 0$
225	$\mathbb{Q}_{6,4}^{(a)}$	$0 \ 0 \ 0 \ 0 \ -\frac{5\sqrt{210}}{429} \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ \frac{10\sqrt{14}}{143} \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ -\frac{5\sqrt{210}}{429}$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ 0$
226	$\mathbb{Q}_{6,3}^{(a)}$	$0 \ 0 \ 0 \ \frac{10\sqrt{21}}{429} \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ -\frac{5\sqrt{42}}{143} \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ \frac{5\sqrt{42}}{143} \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ -\frac{10\sqrt{21}}{429}$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0 \ 0 \ 0$

*continued ...*

Table 10

No.	multipole	matrix						
227	$\mathbb{Q}_{6,2}^{(a)}$	0	0	$-\frac{10\sqrt{7}}{429}$	0	0	0	0
		0	0	0	$\frac{20\sqrt{14}}{429}$	0	0	0
		0	0	0	0	$-\frac{10\sqrt{105}}{429}$	0	0
		0	0	0	0	0	$\frac{20\sqrt{14}}{429}$	0
		0	0	0	0	0	0	$-\frac{10\sqrt{7}}{429}$
		0	0	0	0	0	0	0
		0	0	0	0	0	0	0
228	$\mathbb{Q}_{6,1}^{(a)}$	0	$\frac{5\sqrt{7}}{429}$	0	0	0	0	0
		0	0	$-\frac{5\sqrt{105}}{429}$	0	0	0	0
		0	0	0	$\frac{25\sqrt{14}}{429}$	0	0	0
		0	0	0	0	$-\frac{25\sqrt{14}}{429}$	0	0
		0	0	0	0	0	$\frac{5\sqrt{105}}{429}$	0
		0	0	0	0	0	0	$-\frac{5\sqrt{7}}{429}$
		0	0	0	0	0	0	0
229	$\mathbb{Q}_{6,0}^{(a)}$	$-\frac{5}{429}$	0	0	0	0	0	0
		0	$\frac{10}{143}$	0	0	0	0	0
		0	0	$-\frac{25}{143}$	0	0	0	0
		0	0	0	$\frac{100}{429}$	0	0	0
		0	0	0	0	$-\frac{25}{143}$	0	0
		0	0	0	0	0	$\frac{10}{143}$	0
		0	0	0	0	0	0	$-\frac{5}{429}$

*continued ...*

Table 10

No.	multipole	matrix						
230	$Q_{6,-1}^{(a)}$	0	0	0	0	0	0	0
		$-\frac{5\sqrt{7}}{429}$	0	0	0	0	0	0
		0	$\frac{5\sqrt{105}}{429}$	0	0	0	0	0
		0	0	$-\frac{25\sqrt{14}}{429}$	0	0	0	0
		0	0	0	$\frac{25\sqrt{14}}{429}$	0	0	0
		0	0	0	0	$-\frac{5\sqrt{105}}{429}$	0	0
		0	0	0	0	0	$\frac{5\sqrt{7}}{429}$	0
231	$Q_{6,-2}^{(a)}$	0	0	0	0	0	0	0
		0	0	0	0	0	0	0
		$-\frac{10\sqrt{7}}{429}$	0	0	0	0	0	0
		0	$\frac{20\sqrt{14}}{429}$	0	0	0	0	0
		0	0	$-\frac{10\sqrt{105}}{429}$	0	0	0	0
		0	0	0	$\frac{20\sqrt{14}}{429}$	0	0	0
		0	0	0	0	$-\frac{10\sqrt{7}}{429}$	0	0
232	$Q_{6,-3}^{(a)}$	0	0	0	0	0	0	0
		0	0	0	0	0	0	0
		0	0	0	0	0	0	0
		$-\frac{10\sqrt{21}}{429}$	0	0	0	0	0	0
		0	$\frac{5\sqrt{42}}{143}$	0	0	0	0	0
		0	0	$-\frac{5\sqrt{42}}{143}$	0	0	0	0
		0	0	0	$\frac{10\sqrt{21}}{429}$	0	0	0

*continued ...*

Table 10

No.	multipole	matrix							
233	$Q_{6,-4}^{(a)}$	0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		$-\frac{5\sqrt{210}}{429}$	0	0	0	0	0	0	0
		0	$\frac{10\sqrt{14}}{143}$	0	0	0	0	0	0
		0	0	$-\frac{5\sqrt{210}}{429}$	0	0	0	0	0
234	$Q_{6,-5}^{(a)}$	0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		$-\frac{5\sqrt{462}}{429}$	0	0	0	0	0	0	
		0	$\frac{5\sqrt{462}}{429}$	0	0	0	0	0	
235	$Q_{6,-6}^{(a)}$	0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		$-\frac{10\sqrt{231}}{429}$	0	0	0	0	0	0	

*continued ...*

Table 10

No.	multipole	matrix
236	$M_{1,1}^{(a)}$	$\begin{pmatrix} 0 & -\sqrt{3} & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & -\sqrt{5} & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & -\sqrt{6} & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & -\sqrt{6} & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & -\sqrt{5} & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & -\sqrt{3} \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \end{pmatrix}$
237	$M_{1,0}^{(a)}$	$\begin{pmatrix} 3 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 2 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 1 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & -1 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & -2 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & -3 \end{pmatrix}$
238	$M_{1,-1}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ \sqrt{3} & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & \sqrt{5} & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & \sqrt{6} & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & \sqrt{6} & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & \sqrt{5} & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & \sqrt{3} & 0 \end{pmatrix}$

*continued ...*

Table 10

No.	multipole	matrix
239	$M_{3,3}^{(a)}$	0 0 0 1 0 0 0
		0 0 0 0 $\sqrt{2}$ 0 0
		0 0 0 0 0 $\sqrt{2}$ 0
		0 0 0 0 0 0 1
		0 0 0 0 0 0 0
		0 0 0 0 0 0 0
		0 0 0 0 0 0 0
		0 0 0 0 0 0 0
240	$M_{3,2}^{(a)}$	0 0 $-\sqrt{2}$ 0 0 0 0
		0 0 0 -1 0 0 0
		0 0 0 0 0 0 0
		0 0 0 0 0 1 0
		0 0 0 0 0 0 $\sqrt{2}$
		0 0 0 0 0 0 0
		0 0 0 0 0 0 0
		0 0 0 0 0 0 0
241	$M_{3,1}^{(a)}$	0 $\sqrt{2}$ 0 0 0 0 0
		0 0 0 0 0 0 0
		0 0 0 -1 0 0 0
		0 0 0 0 -1 0 0
		0 0 0 0 0 0 0
		0 0 0 0 0 0 $\sqrt{2}$
		0 0 0 0 0 0 0
		0 0 0 0 0 0 0

*continued ...*

Table 10

No.	multipole	matrix
242	$M_{3,0}^{(a)}$	$\begin{pmatrix} -1 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 1 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & -1 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & -1 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 1 \end{pmatrix}$
243	$M_{3,-1}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ -\sqrt{2} & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 1 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 1 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & -\sqrt{2} & 0 \end{pmatrix}$
244	$M_{3,-2}^{(a)}$	$\begin{pmatrix} 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ -\sqrt{2} & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & -1 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 1 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & \sqrt{2} & 0 & 0 \end{pmatrix}$

*continued ...*

Table 10

No.	multipole	matrix
245	$M_{3,-3}^{(a)}$	0 0 0 0 0 0 0
		0 0 0 0 0 0 0
		0 0 0 0 0 0 0
		-1 0 0 0 0 0 0
		0 $-\sqrt{2}$ 0 0 0 0 0
		0 0 $-\sqrt{2}$ 0 0 0 0
		0 0 0 -1 0 0 0
246	$M_{5,5}^{(a)}$	0 0 0 0 0 $-\frac{5\sqrt{42}}{33}$ 0
		0 0 0 0 0 0 $-\frac{5\sqrt{42}}{33}$
		0 0 0 0 0 0 0
		0 0 0 0 0 0 0
		0 0 0 0 0 0 0
		0 0 0 0 0 0 0
		0 0 0 0 0 0 0
247	$M_{5,4}^{(a)}$	0 0 0 0 $\frac{5\sqrt{42}}{33}$ 0 0
		0 0 0 0 0 0 0
		0 0 0 0 0 0 $-\frac{5\sqrt{42}}{33}$
		0 0 0 0 0 0 0
		0 0 0 0 0 0 0
		0 0 0 0 0 0 0
		0 0 0 0 0 0 0

*continued ...*

Table 10

No.	multipole	matrix						
248	$M_{5,3}^{(a)}$	0	0	0	$-\frac{10\sqrt{7}}{33}$	0	0	0
		0	0	0	0	$\frac{5\sqrt{14}}{33}$	0	0
		0	0	0	0	0	$\frac{5\sqrt{14}}{33}$	0
		0	0	0	0	0	0	$-\frac{10\sqrt{7}}{33}$
		0	0	0	0	0	0	0
		0	0	0	0	0	0	0
		0	0	0	0	0	0	0
249	$M_{5,2}^{(a)}$	0	0	$\frac{5\sqrt{14}}{33}$	0	0	0	0
		0	0	0	$-\frac{10\sqrt{7}}{33}$	0	0	0
		0	0	0	0	0	0	0
		0	0	0	0	0	$\frac{10\sqrt{7}}{33}$	0
		0	0	0	0	0	0	$-\frac{5\sqrt{14}}{33}$
		0	0	0	0	0	0	0
		0	0	0	0	0	0	0
250	$M_{5,1}^{(a)}$	0	$-\frac{5\sqrt{5}}{33}$	0	0	0	0	0
		0	0	$\frac{5\sqrt{3}}{11}$	0	0	0	0
		0	0	0	$-\frac{5\sqrt{10}}{33}$	0	0	0
		0	0	0	0	$-\frac{5\sqrt{10}}{33}$	0	0
		0	0	0	0	0	$\frac{5\sqrt{3}}{11}$	0
		0	0	0	0	0	0	$-\frac{5\sqrt{5}}{33}$
		0	0	0	0	0	0	0

*continued ...*

Table 10

No.	multipole	matrix							
251	$M_{5,0}^{(a)}$	$\frac{5}{33}$	0	0	0	0	0	0	0
		0	$-\frac{20}{33}$	0	0	0	0	0	0
		0	0	$\frac{25}{33}$	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	$-\frac{25}{33}$	0	0	0
		0	0	0	0	0	$\frac{20}{33}$	0	0
		0	0	0	0	0	0	$-\frac{5}{33}$	0
		0	0	0	0	0	0	0	$-\frac{5}{33}$
252	$M_{5,-1}^{(a)}$	0	0	0	0	0	0	0	0
		$\frac{5\sqrt{5}}{33}$	0	0	0	0	0	0	0
		0	$-\frac{5\sqrt{3}}{11}$	0	0	0	0	0	0
		0	0	$\frac{5\sqrt{10}}{33}$	0	0	0	0	0
		0	0	0	$\frac{5\sqrt{10}}{33}$	0	0	0	0
		0	0	0	0	$-\frac{5\sqrt{3}}{11}$	0	0	0
		0	0	0	0	0	$\frac{5\sqrt{5}}{33}$	0	0
		0	0	0	0	0	0	$\frac{5\sqrt{5}}{33}$	0
253	$M_{5,-2}^{(a)}$	0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		$\frac{5\sqrt{14}}{33}$	0	0	0	0	0	0	0
		0	$-\frac{10\sqrt{7}}{33}$	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	$\frac{10\sqrt{7}}{33}$	0	0	0	0
		0	0	0	0	$-\frac{5\sqrt{14}}{33}$	0	0	0
		0	0	0	0	0	0	$-\frac{5\sqrt{14}}{33}$	0

*continued ...*

Table 10

No.	multipole	matrix							
254	$M_{5,-3}^{(a)}$	0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		$\frac{10\sqrt{7}}{33}$	0	0	0	0	0	0	0
		0	$-\frac{5\sqrt{14}}{33}$	0	0	0	0	0	0
		0	0	$-\frac{5\sqrt{14}}{33}$	0	0	0	0	0
		0	0	0	$\frac{10\sqrt{7}}{33}$	0	0	0	0
255	$M_{5,-4}^{(a)}$	0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		$\frac{5\sqrt{42}}{33}$	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	$-\frac{5\sqrt{42}}{33}$	0	0	0	0	0
256	$M_{5,-5}^{(a)}$	0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		$\frac{5\sqrt{42}}{33}$	0	0	0	0	0	0	0
		0	$\frac{5\sqrt{42}}{33}$	0	0	0	0	0	0